



# PACKING LIST

## ☐ SWEATER / JACKETS

- Light or medium-weight sweater or jacket of synthetic fabric.
- The mornings and evenings tend to have cooler temperatures - useful during dawn and dusk safaris.
- For climbing Mount Kinabalu, temperatures range from 15°C to 26°C at the base park, dropping significantly to 0°C to 3°C at the summit.

## ☐ OUTERWEAR / RAIN GEAR

Lightweight wind/rain jacket/poncho.

## ☐ PANTS / TROUSERS

- Full-length pants, preferably of quick-drying synthetic material.
- Knee-length skirt or loose traveling skirt for women.
- Capri pants or long shorts.

## ☐ SWIMWEAR

- Swimsuits or swim shorts.
- Bikini or bathing suit.

## ☐ LUGGAGE

- **Duffel bag or suitcase**
- **Daypack:** It should have a capacity of 25 to 35 litres, and can double as your carry-on bag.

## ☐ HEADWEAR

A wide-brim sun hat, preferably with a chin strap to keep it from blowing off. A cap is also a great option!

## ☐ CLOTHING

- Casual clothes; long sleeves are desirable for sun and bug protection during hikes.
- Dress modestly, especially in rural areas.
- Quick-drying underwear is recommended and easier to wash and dry.

## ☐ SHIRTS

Long-sleeved cotton or synthetic shirts, plus short-sleeved T-shirts in the same fabrics.

## ☐ BANDANA

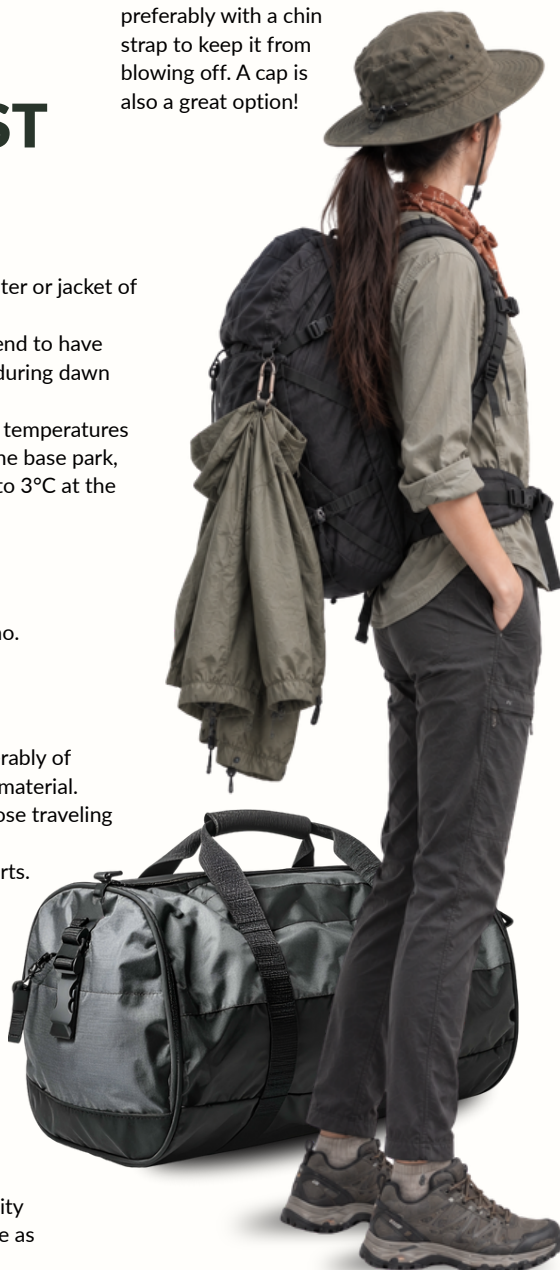
Keep your neck protected from sunburn and use it as a hand towel when needed.

## ☐ FOOTWEAR

Sturdy, properly fitting footwear is essential.

If you're buying new shoes, be sure to completely break them in prior to the trip.

- Comfortable walking shoes or lightweight hiking shoes with good ankle support and good traction.
- Slip-on shoes. Teva, Flip-flops or Chaco sandals are a good choice.
- Booties for the island portion of your trip (optional).
- Athletic or lightweight hiking socks suitable for your walking shoes.



## Travel Accessories



☐ Binoculars



☐ Camera with memory cards



☐ Headlamp or small flashlight



☐ Insect repellent



☐ Personal first aid kit



☐ Small folding umbrella



☐ Small padlocks or combination locks



☐ Sunglasses



☐ Sunscreen and lip protection



☐ Toiletry kit



☐ Travel adapter



☐ Ziploc bags

## ☐ Water bottle

**Note:** Do bring a reusable water bottle if you can! Refilling along the way helps reduce plastic waste. Where available, make use of accommodation water dispensers or ask your guide about safe water refill options. If you don't have a reusable bottle, we'll provide one for your trip.

